

CHANNELED ACCELERATED REGRESSION HEALING: A REBIRTH

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TABLE OF CONTENTS

CHAPTER I:	INTRODUCTION	1
CHAPTER II:	REVIEW OF THE LITERATURE	2-3
CHAPTER III:	METHODS	4
CHAPTER IV:	FINDINGS / RESULTS	5-11
	• Definition of Channeled Accelerated Regression Healing	5
	• Regression and Channeled Regression for Healing Purposes	5-6
	• Health of the Healer	6-7
	• Personal Background of the Healer	7-8
	• Indications and Contraindications	8-9
	• Clinical Observations	9-10
CHAPTER V:	DISCUSSION	11-12
	• The Meaning of "Accelerated" in Healing Interaction	11
	• The Role of the Physical Unit in the Process of Enlightenment	11-12
CHAPTER VI:	SUMMARY AND CONCLUSIONS	13
BIBLIOGRAPHY		14-15

In this day and age we see a rebirth of ancient beliefs and practices. These beliefs and practices are new to the present generations in the practical sense only. They have existed for eons yet have been long forgotten.

Metaphysics is the title given to this field of study. The talents and gifts within this domain are born of an inner realm of reality. Perhaps the subjects now regaining popularity were hidden (or not acknowledged) for years, and we are now being motivated to write about them in simple terms comprehensible by the general public.

As part of our service as metaphysicians we must grapple with new experiences and attempt to offer a clear vision of the inner dimensions. For example, in Sanskrit you can find twenty definitions for the word 'mind', depending on what aspect of the mind one is dealing with. This thesis will deal with the elaboration of the age old technique of channeled accelerated regression healing in hopes of adding to the riches of the metaphysical science.

Channeled accelerated regression healing is the integration of channeling, regression and healing; three different aspects of the field of metaphysics. The process can be accelerated due to the grace and mercy of the life force. Without this acceleration the body is required to respect predefined cycles and timetables.

Accounts of channeling can be found throughout the world. In the United States, Edgar Cayce and Jane Roberts aided in the acceptance and recognition of the technique on a wider scale than in other continents. Edgar Cayce is predominantly known for his channeled counseling of medical disorders, while Jane Roberts is known for channeling the teachings of the spirit guide Seth.

Records of channelings support the existence of the phenomena and that it is an inherited skill, yet, we know almost nothing about how it actually takes place. Regression is most frequently cited in works concerning psychotherapy and/or hypnosis.

The word healing is used more and more frequently in today's world. A generally accepted definition would include the transfer of energy from a being to another in order to rid the body of some form of "disease."

In channeled accelerated regression healing the three techniques are combined. The purpose of this thesis is to explain the specific interaction that takes place during usage of this unique therapy.

Based on channeled information, channeled accelerated regression healing was last practiced almost 650 years ago. Noting this fact, little to no documentation is available on the technique. The individual methods of treatment including channeling, regression and healing have been covered by a wide variety of authors yet separately, not combined as noted here.

Chris Griscom (1987) is one of several authors who have published research dealing with similar principles as those dealt with in channeled accelerated regression healing. Her works deal primarily with blockages in the emotional body which, she urges, need to be healed and cleared out. The emotional body is an integral being, according to Griscom. It has its own consciousness and its own reality. One part of it has matter and weight, and the other part lives outside time and space. Griscom notes breakthroughs to the astral energy are due to triggers caused by emotional shocks, drugs, and dreams proving that the emotional body is the body's link to its astral energy. This definition of the emotional body consequently includes regression as part of the healing technique. The body is considered permeable with access to a dimension outside the present time and space frame.

Carlos Castaneda (1968) writes of his experiences as a student of the Shaman and Warrior traditions. A major point of the teachings is the belief in a body of light fibers. According to Castaneda, the light bodies of individuals have pieces missing. When viewed clairvoyantly, one has the impression that the individual carries holes in his or her light body. Actually, the individual needs to fill these voids in order to continue on the path to self-realization. The voids, notes Castaneda, were lost on our journey during interactions with other human beings.

The bioplasmic body is mentioned by Sheila Ostrander and Lynn Schroeder (1970:218). The research completed in Russia suggests the connection between acupuncture, ESP and the so called bioplasmic body. Thus, it is presumed that by touching the body of another it is possible to access the akashic records of the individual. From the akashic records one gathers information on the being's incarnations on Earth in linear time.

Michio Kushi (1992) approaches the metaphysical realm by combining ancient esoteric knowledge from the oriental school of philosophy and scientific research that we are familiar with today. Kushi's chapter on modern alchemy

reports of biological transmutation, describing the dynamics of how healing and so called miracle healing actually work. For Kushi, spirit is matter and matter is spirit, yet, both vibrate on different frequencies.

Roger J. Woolger's (1988:161) spiritual approach and open-mindedness stand out from works by other authors on professional past life regression therapy. His view blatantly coincides with the contention of this author that once the physical body undergoes a trauma, that particular place is subject to numerous future traumas.

Investigations on channeling, channelers, and channeled material are described by Jon Klimo (1987). Klimo's themes cover historical records, actual biographies, various explanations for the phenomenon, and potentials for application. One major hypothesis appropriate for these times suggests the source of religions might very well be channeled material. Klimo hints perhaps we deal with much more channeled material than we realize.

Today various forms of channeling are recognized and written about. Most forms fit in the following categories: full trance, sleep, dream, light trance, clairaudient, clairvoyant, open, physical channeling and automatism. It is in vogue to discuss one's personal accounts with channeling. In the past the majority of artists, philosophers, scientists and writers did not approach metaphysical aspects of their lives publicly. Carl G. Jung's works show us to what extent he was a mystic with many psychic gifts. In his posthumous autobiography (1973), he explains that he knew why he fainted at a station in Zurich on his way to Rome. His thwarted travels were due to the fact that he could not bear the violence of the city's past. According to Woolger (1988:347), in an attempt to protect Jung's reputation, his family disallowed publishing of additional passages that described Jung's more revealing psychic knowledge.

As this century turns more and more to personal growth, opportunities for healing spring forth. Jane Roberts (1976:185) expresses a new attitude towards the healing of past life trauma, "So you are not at the mercy of any past life, nor are you like some vast super-self resting on layers of past lives so that you stand there, squashing them down. The nature of time speaks through your cells and molecules. The cells within your body "know the proper balance to be maintained."

The methods employed for the research of material for this thesis consist primarily in personal experience and practical observation. The author is living close to the person practicing channeled accelerated regression healing and has witnessed the forthcoming of this gift from its beginning.

A degree in physical therapy and a degree in massage therapy in addition to thirty years of working experience in the field of western medicine give the author clinical experience to be able to appropriately analyze the clinical aspects of channeled accelerated regression healing.

As mentioned in the second chapter, there is no literature available on channeled accelerated regression healing, yet, research into individual topics including channeling, regression, and healing have all offered insights to methodical observation of this reborn method. Channeled accelerated regression healing, as a technique, is still evolving and therefore, the findings are based on the personal experiences of patients and the author, who has not only received treatments over a period of time but has assisted the healer in his work and training as well.

Definition of Channeled Accelerated Regression Healing

In essence, channeled accelerated regression healing is the changing of the personal akashic records of the patient in addition to the freeing of attached entities, when necessary, in order to heal the being of all types of diseases. The technique may be practiced on individuals as well as locations. The material of the akashic records accessed deals only with the health of the actual physical being, and can only be accessed with the patient's permission. The patient's acceptance must include his mental, emotional, and physical bodies, otherwise, only a diagnosis may be gleaned and no healing will occur.

Entities are attached to the physical body unit and are visible in the astral dimension. The healing consists of clearing out the vital space of the individual. Within the structures of the Catholic church, exorcists are used for this clearing. We will never know how many of these exorcists were clairvoyant or just based their exorcisms on prayer and faith.

On this continent, the native Shaman exorcises entities and clears places of "earthbounds." 'Earthbounds' are ethereal beings who do not realize their condition and remain in the places where they lost their physical bodies. Earthbounds are frequently people who have died quickly and violently, keeping them from realizing what happened to them. Entities, on the other hand, may be attached to a person or a place.

In the Shamanic tradition, sweat lodges, music, dances, physical fatigue, natural substances, etc., were used to induce the ability to go within. It is the combined effort of the spirit world and the living that can make the "earthbounds" listen to what they are, so they will be able to move on to the next dimension where they are expected.

Channeled accelerated regression healing is accomplished with the gift of mental clairaudient and clairvoyant channeling, in addition to physical channeling and psychic healing.

Regression and Channeled Regression for Healing Purposes

For one to be negatively affected in this present life time, past life experiences were traumatic. Due to this fact, regression is a dramatic

experience for the individual.

In regression therapy, as practiced by others, the patient is regressed into his past in order to relive recent (very early childhood of current life) or past life causes of physical, emotional or mental disturbances. The therapist listens, counsels, and assists the patient. Meanwhile, the individual uses a lot of physical energy to regress. Actual cells are destroyed. This type of regression gives the patient and therapist psychological satisfaction. The disturbance is finally recognized, visualized and understood. Through continued exposure to changing interdimensional frequencies (necessary to recognize the disturbance), the cells related to the painful area are destroyed and the pain finally subsides.

Channeled accelerated regression healing is different in that it is the therapist that changes dimensions to witness the patient's traumatic past. The therapist undergoes the destruction of cells for the patient. The therapist does the coming and going to and from the other dimension when specific areas of the body are touched. Each area and level of tissue shows a different scene of a specific lifetime. The therapist recognizes the disturbance in question and alters or cancels the scene witnessed in order to remove the karmic scar tissue of the individual. In other circumstances, weapons (used to kill, hurt or maim the patient in past lives) or karmic residues from infections (pest, leprosy, etc...), still visible in the finer dimension of the body, will be removed in order to avoid future disturbances. In this method of healing, the patients are only required to recognize, accept, and focus on their physical pains.

A fascinating aspect of channeled accelerated regression is that as the healer learns to channel a greater amount of energy through his physical body, the shorter and shorter the time needed to regress and heal disturbances.

Health of the Healer

In order to heal others, one must be without personal emotional blockages. Healing is an act of physical channeling (Jon Klimo, 1987) in which the bodies of the healer, including the emotional and physical bodies, are used as a conductor of energy. All emotional blockages have fear as a common denominator. Fear slows down the flow of the life force and higher frequencies of energy.

The healer who regresses the actual body of another individual, as the

channeled accelerated regression healer does, must be in unusually good shape so that he does not damage his own physical body. In order to go and return from the dimension of past lives, one must expend a lot of vital energy. The energy in the dimension where the regression takes place is higher than the level the human body is constructed for, thus, cells are actually damaged. In addition, the healer will soon become sick if he or she has not undergone transformation in order to support the intensity of pain and karma of the lives and vibrations of the patient. The transformation enables the healer to regenerate cells of his physical body.

Personal Background of the Healer

The skills necessary for channeled accelerated regression healing cannot be acquired by training in a school or university. It is learned with discipline and commitment coming from the heart's desire; and only if there has been previous preparation over many lifetimes.

The healer observed belongs to the category of mystical beings. Since he learned a Raja yoga technique a decade ago, his visions have become more and more frequent and conscious out-of-body travels have begun.

A life of hard physical labor and thirty years of martial arts training created an extremely well grounded and a very disciplined individual. It was after licensing as a Shiatsu therapist that the healer's gift as a channeled accelerated regression healer began to manifest. The healer was applying Shiatsu therapy to a patient and found himself out of his body watching a scene of torture in a European monastery during the Inquisition. The person being tortured was the patient he was treating. Besides viewing the astral scenes, the healer saw the existing, present damage of the actual body located in the cosmic energy body.

Today, the healer is able to regress another individual with his eyes open. He sees on the physical and astral planes simultaneously. His ongoing transformation will surely allow him greater possibilities of healing. To maintain and improve his level of performance, the healer practices daily grounding techniques. Research done by Ostrander and Schroeder (1970:218) also show that stimulation of the bioplasmic body with acupuncture can increase extrasensory perception. The healer is able to autostimulate the same acupuncture points through a combination of movements and breathing techniques, somewhat similar to the practices of Qi

Qong (Chi Kung) by monks in monasteries of ancient China.

Indications and Contraindications

Before one can delve into the specifics of channeled accelerated regression healing, one must understand the importance of the physical body in the process of enlightenment. Mystics and ministers of various religions agree on two facts related to the human body: first, the body is the highest grace and a gift from God; and second, that within the body lies a hidden secret. It is for this very reason that people serving God in traditional and non-traditional ways include some form of physical exercise in their daily discipline.

The physical, emotional and mental bodies are usually what we identify with and recognize. There are two additional higher bodies (four depending on other schools of thought). These higher bodies are linked to the visible body that serves as a vehicle and conductor for them if all body units are well centered and flawless.

It is because of our body that we come to follow the path of enlightenment and it is with, and through the body, that we actually make it happen. The condition and health of the body are of vital importance to being able to follow the path to enlightenment. The more transparent and in tune the physical, emotional, and mental bodies are, the more the true reason for being can be expressed and manifest itself.

Through two decades of observation, the author believes that many beings from the angelic kingdom, and beings with heavy emotional childhood traumas often do not understand the necessity of the body's involvement in the process of enlightenment. One might call them poorly grounded. Frequently, astral projection (by various means, drugs, sleep, meditation, etc...) is used as a vehicle to escape the physical bondage of their bodies. These beings, with little awareness of their physical unit, do not see the necessity or are too afraid of clearing their physical bodies in order to achieve enlightenment with their complete beings.

In addition, it is noted that frequently groups of people are called to participate in channeled accelerated regression healing at the same time. Their spiritual connection brings them together for treatments whether they know each other or not. Their level on the path to enlightenment seems to be the same and links them as such.

The gift of channeled accelerated regression healing is offered as an aid in the process of enlightenment. Consciously or not, every human moves towards the light, and can therefore profit from the technique. Some may desire quickening their path to enlightenment; others desire ridding the body of disease. Channeled accelerated regression healing can be applied to people of all walks of life with varying disabilities; the only requirement is that the patient has a deep desire to get well.

There are no contraindications in the use of channeled accelerated regression healing. There are absolutely no side effects since it is the healer who changes dimension and deals with the trauma of events of the patient's past lives.

Clinical Observations

Thirty years of medical work have shown the author the impotence of present medicine in many dimensions of illness and the patient's dismay when confronted with medical problems. After witnessing the contents of a number of regressions and spiritual diagnoses, it is understood why so often physical problems become chronic or tend to return periodically.

The clinical experience with the channeled accelerated regression healing shows that the reasons for many health problems do not lie with the physical body alone. The healer is able to see locations in our cosmic energy body that have been damaged, once or many times, during our past lives. Apparently, after one trauma a weakness occurs and results in a spot vulnerable to future traumas. Because of this, some locations in the energy body still show signs of weapons of all kinds and weaknesses; dark areas within the cosmic light body that today we call cancerous cells. Past life episodes of pest and leprosy are related to these weaknesses as well.

In addition, there appears to exist a time link between the physical traumas of our various existences. For example, if you were hurt at age forty in a past life, the same spot will become active (begin to hurt or experience a minor or major ailment) at age forty in this life time.

In order to truly be healthy one must first clear all traumas in the astral dimension. To date, all patients who have undergone channeled accelerated regression healing have experienced some level of satisfaction. Their ages vary

from two months old to over seventy years old. The disturbances treated range from mental to emotional to physical, as well as actual preventive healing.

In the case of physical illness, the cure is not always immediately evident after being treated with channeled accelerated regression healing. The body needs time to repair itself. All depends on how long the problem has been present and how damaged the cells were. Channeled accelerated regression healing is not a miracle cure even though in some instances some patients have experienced that. What is always evident after the healing is the breaking of old patterns as the being reflects on life and recognizes its freedom from blockages in the finer astral body.

The Meaning of "Accelerated" in Healing Interaction

The expression accelerated, as applied in channeled accelerated regression healing, needs more clarification for those professionally engaging in metaphysics. As mentioned in the introduction, acceleration means the possibility of shortening the timetables predetermined by the cycles that govern our physical lives in this dimension.

One must realize that it is not the healer that decides what blockages to dissolve and at what speed. In reality, the answers lie in the heart of the individual being treated. One must "ask and you shall receive, knock and the door will be opened unto you." The healer is simply the vehicle through which God's will is fulfilled, no more, no less.

This is true for all types of healing. We must remind ourselves how we actually are responsible for our own reality. Yes, mountains can be moved if the heart desires so. And yes, our physical bodies can be healed; they must be healed if we are to manifest our true birthrights.

The Role of the Physical Unit in the Process of Enlightenment

In addition, to realizing that it is the heart that guides acceptance of healing, the metaphysician must understand the role of the physical body in the process of enlightenment.

Generally, the physical body signifies the inclusion of both the emotional and mental bodies. Over the years of growing awareness one still cannot find a true consideration of the physical body as an independent unit with its consciousness and reality. Even though the physical body may be considered a humble part of the threefold body unit, we must not forget that it houses the most precious component of ours, the divine heart. In addition, it is the physical body that suffers at the mercy of the emotional and mental bodies.

The physical unit does not know fear itself, yet fear accepted by the emotional unit, not released because of the arbitrary decision of the mental unit, can severely damage (create disease) the physical body or at least completely change the

actions/activities of the individual. The repair, as well as the damage,

12

takes a long time to manifest.

We spend a great deal of time feeding and stimulating the mental and emotional bodies (we will not consider the spiritual body at this point) yet, our culture does not teach us to respect our physical body. Perhaps that is why we know and understand so little about it and/or are even afraid of it.

Our society's greatest strength is conceivably the mental unit of the body. By overemphasizing this unit, what is meant to be the greatest asset will become a weakness. The metaphysician is well placed to balance this one-sidedness of our cultural education. We must take care of our physical bodies from a spiritual standpoint to enable our heart to guide us on the path of enlightenment.

Channeled accelerated regression healing is a unique method of healing that contributes to self-realization and advancement on the path to enlightenment. The technique releases energy blockages in the physical, emotional, and mental body units by eliminating karmic scar tissue within the astral body. With the acceptance of the patient, the healer regresses himself into the past lives of the patient viewing and canceling the causes of any blockages.

Noting the reversed role of the healer and patient, (as compared to traditional past life regression therapy where the patient is regressed and experiences his/her own past life experiences) it is extremely important for the healer to practice daily grounding exercises in order to maintain a physical unit capable of undergoing the regression healing and interdimensional travel. In addition, the patient must also understand the body's major role as shelter and nourishment for the true light within.

Observable results from channeled accelerated regression healing vary greatly from the healing of physical, emotional, and mental disorders to the development of the patient's capacity to communicate consciously with their higher selves and their personal spirit and teacher guides.

In this time of rising vibrational frequency, the Earth is witnessing the forthcoming of human potential, the awakening of the human consciousness. As we beings advance, we develop new experiences and means of interpreting these experiences thus, at times reevaluating our priorities.

The results of channeled accelerated regression healing force us to reevaluate the thought that some diseases are incurable. Channeled accelerated regression healing reinforces many of today's trends that support the importance of the physical body. One cannot complete the human journey without taking care of the physical body. Channeled accelerated regression healing reevaluates this thought directing the individual away from false identification with the visible physical aspects (bodybuilding fads, fashion dieting and fashion trends) to the more important role the physical unit plays in self-realization and enlightenment.

It would be appropriate to conduct more studies on the role of the physical body in the process of enlightenment. Perhaps the results will add to the volumes of metaphysical documentation. Today's metaphysicians might bridge the gap between the traditional and metaphysical sciences bringing each and every one of us closer to the true light we are all, consciously or unconsciously, moving towards.

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